



## PRE-OPERATIVE INSTRUCTIONS

### TOTAL JOINT PRE-OPERATIVE CLASS

We encourage you to schedule your Pre-Operative Class **AT LEAST 2 weeks prior** to your surgical procedure. This informative class will present information you need to know before and after surgery and provide important discharge planning instructions as well. Members of our Orthopedic Therapy and Case Management team will teach the class and answer your questions. Please bring the packet of information you received in your surgeon's office when you scheduled your surgery with you to the class.

### CLASS INFORMATION

- Classes are held every Monday and Thursday from 1:00PM to 2:30PM
- Located at the Holy Cross HealthPlex Main Entrance on the corner of NE 56<sup>th</sup> Street and Dixie Hwy
  - Street Address: **1000 NE 56<sup>th</sup> Street, Fort Lauderdale, FL 33334**
- Complimentary valet parking is available for your convenience.
- **TO SCHEDULE:** please call **954-776-3203**. You will reach our automated scheduling message asking for the following information:
  - your name and phone number
  - surgeon's name
  - date of your surgery
- Our staff will return your call to confirm your class date and information.

### PRE-REGISTRATION

You may stop by the registrar located in the Holy Cross HealthPlex either before or after class to pre-register for your hospital admission. There is no need to make an appointment to complete this process. The registrar will obtain your personal demographics and insurance information and may collect payment due for surgery.

Please bring: 1) A picture ID 2) your insurance card

### PRE-SURGICAL SCREENING

If your surgery is scheduled **prior to 8:00am**, please call our Pre-Surgical Screening department at **(954) 267-7547**, one to two days prior to your surgery. You will speak with a registered nurse who will take your medical information in preparation for your surgery including: Past Medical History and List of Medications you are taking including the dosage and frequency.

If your surgery is scheduled **after 8:00AM**, please bring the following items with you to the hospital on the day of surgery: 1) a picture ID, 2) your insurance card, 3) a list of all your medications, including dosage and frequency, 4) Copy of your Advanced Directive (Living will) if you have one.

### DAY OF SURGERY

Enter the **hospital through the main entrance** and proceed to the Admitting Department at the time your surgeon has told you to arrive. **DO NOT** eat or drink anything after midnight prior to surgery unless otherwise directed by your doctor. Main Hospital located at: **4725 N Federal Hwy, Fort Lauderdale, FL 33308** Phone: **954-771-8000**