### COPD CARE

### In patient and Out Patient Resources and Diagnostic Testing Including:

- Pulmonary Function Testing
- Blood Gas Analysis
- Pulmonary Exercise Stress Testing
- 6 minute Walk Test
- Sleep Testing
- Pulmonary Rehabilitation
- Smoking Cessation Counseling
- Lung Cancer Screening,
- COPD Navigators
- Individualized Care Planning
- Disease Process Education
- Medication Evaluation Including
   Partnering with Local Pharmacies
- Home Equipment Assessment and Coordination
- Enhanced Communication with Physicians
- Navigating Insurance Barriers



Holy Cross Hospital 4725 North Federal Highway Fort Lauderdale, Florida 33308



Holy Cross COPD Clinic 5601 N. Dixie Highway, Suite 412 Ft. Lauderdale, FL 33334

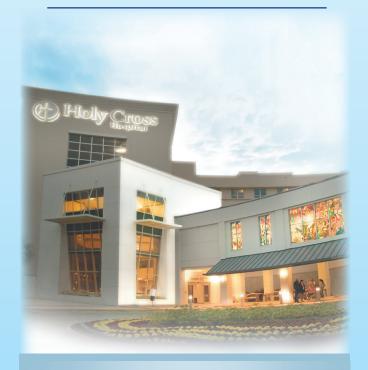


www.holy-cross.com

# Comprehensive Care for

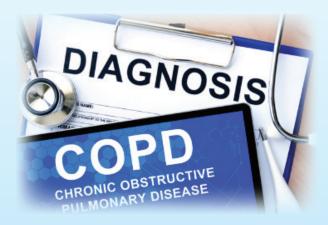
Chronic
Obstructive
Pulmonary
Disease

## COPD



Face (fold-in) Back Cover Front Cover

When you are diagnosed with COPD, which includes Chronic Bronchitis and Emphysema, you will likely have many questions and the answers may not always be clear at first. Not all people with COPD have the same symptoms and treatment may differ from person to person.



Most people have mild forms of COPD for which little therapy is needed other than smoking cessation. Even for more advanced disease stages effective therapy is available that can control symptoms, reduce your risk of complications and breathing attacks and improve your ability to lead an active life.

Throughout your hospital stay specialized Respiratory Therapy Navigators will visit you and help you understand your disease and treatment options. Navigators will assist you in making choices regarding your discharge plan and follow up care.

They will explain your treatment plan and what tests are needed to properly diagnose your disease. Each patients needs are different and our Navigators are specially trained to help you work through the complicated process of COPD care management.

Navigators will help put your mind at ease to answers questions and explain issues related to your COPD treatment and disease. They will assist you in understanding all the various breathing medications as well as what things you can do to improve your quality of life.



To maximize your care after a breathing attack, our patients will now have the option of visiting our **COPD Clinic** to fine tune your discharge plan and take control of your symptoms. In the clinic you will be seen by a trained Physician along side a Specialized Respiratory Therapist to assure you have the best plan and help you assess your future COPD needs. The clinic is designed to see patients weekly up to 4 weeks after discharge to bridge the Gap between going home and your next visit to your Primary Care or Lung doctor.

#### COPD CLINIC

University of Miami – Holy Cross Internal Medicine Faculty and Resident Practice

CLINIC APPOINTMENTS

Mondays and Thursdays 1:00 - 4:00 PM

SAME DAY APPOINTMENTS FOR URGENT NEEDS

Monday-Friday 8:30 - 4:00 PM

### PAYMENT POLICY

Most insurance plans accepted. Co-pays and deductibles due at time of service

Phone (954) 491-2140 Fax (954) 491-9640