

# **Dorothy Mangurian Comprehensive Women's Center**

# **MEDICAL SPA MENU OF SERVICES**

### **Classic Manicure or Pedicure**

Includes nail trim & shaping, buffing, cuticle grooming and polish.

### **Spa Manicure or Pedicure**

Same as above with a conditioning lotion massage, invigorating scrub and polish.

## **Deluxe Manicure or Pedicure**

Same as above with warm mittens / booties, customized mask or soothing paraffin and warm towel wrap.

#### **Nail Services**

Classic / Spa / Deluxe Manicure\$22 / \$27 / \$37
Classic / Spa / Deluxe Pedicure
Classic / Spa / Deluxe Manicure & Pedicure Combo \$45 / \$58 / \$68
Gelish Manicure (Shellac)\$45
Hand Massage and Polish Change

\$50
\$80
\$80
\$105
\$80
\$110
. \$160 / \$245
\$145
\$200
\$210
\$145
\$75
\$75
\$150/\$1250

# DermalInfusion/HydraFacial (Voluminizes the skin by 70%)

Face, Neck, Eyes, & Lips (30 Minutes) Individual Treatment....\$155.00 Face, Neck, Eyes, & Lips (60 Minutes) Individual Treatment....\$199.00

# Other Aesthetic Services Available:

Microcurrent | LED | Chemical Peels | Body Treatments Body Wraps | Senior Special and more

Open Monday through Friday, 10 am-6 pm | Saturdays, 10 am-3 pm Other times available by appointment.

Pricing Effective 1.1.2022. Subject to change.



# **ACUPUNCTURE / MASSAGE MENU OF SERVICES**

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Acupuncture Initial Evaluation and Treatment
Therapeutic Massage Incorporates both Swedish & Deep techniques. The therapist will customize each massage to your specific needs to relieve pain, reduce stress and work on specific problems and needs. (30-, 60- & 90- minutes)
Cranial Sacral  A light touch approach that releases tensions deep in the body to relieve pain & dysfunction to improve whole-body health & performance (60 minutes)
Manual Lymphatic Drainage A slow, rhythmic, calming, and relaxing technique designed to boost the immune system, relieve pain & increase the body's ability to remove excess fluids. Initial Evaluation & Treatment (90 minutes) (1st time clients) \$127 (60 / 90) minutes
Pregnancy Massage Offered after the 1st trimester. Prenatal massage can improve relaxation, mobility, and overall well-being during pregnancy (60 minutes)
Reflexology By applying pressure to various points on the foot it will relieve tension throughout the body, reduce pain and alleviate stress.  (30 minutes)
Medical Massage For individuals who are affected by pain, illness, or injury. The therapist uses specific massage techniques to manipulate muscles to treat chronic pain & injuries. Can help with many different conditions including migraines, sciatica, fibromyalgia, neck & back pain, strained muscles and more.  (60 minutes)
Massage Stretch Combo When combined with massage, assisted stretching helps alleviate strain on the joints, enhances flexibility and improves posture. (60 minutes)

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